

Steward Community Woodland

Courses for 2011



All courses are hosted at Steward Community Woodland near Moretonhampstead in the beautiful Dartmoor countryside. Overnight accommodation is camping or in our Longhouse by prior arrangement. Overnight courses include vegan, organic meals.

- **12v Electrics 1 Day Workshop**
- **Basketry for Beginners Workshop**
- **Fungal Foray**
- **Green Woodworking**
- **Introduction to Bushcraft & Nature Awareness**
- **Introduction to Permaculture Design**
- **Natural Vegan Wine-making**
- **Nature Awareness and Connection**
- **Make your own cosmetics**
- **Off-Grid Renewable Energy**
- **The Healing Hedgerow**
- **Tree Felling using Hand Tools**
- **Wild Fire Day**
- **Wild Food Foray**

Please check inside for course details. Feel free to contact us (*details are on the back of this leaflet*) should you have any queries. You can now book courses online at www.stewardwood.org/courses or by contacting us.

Off-Grid Renewable Energy

This two day course is designed as an introduction to practical off-grid living. The course is split into four main areas including the following:

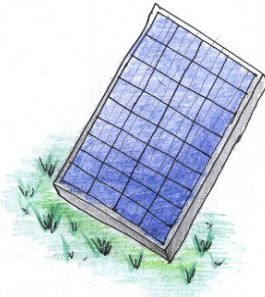
Energy acquisition - solar, micro-hydro, wind turbines etc

Energy conversion – Generators, engines

Energy storage – Batteries

Energy application - energy efficiency, inverters

By the end of the course you should have enough knowledge to set up a basic 12v off-grid renewable energy system. This course is suitable for those wishing to live off-grid whether that is for environmental reasons, practical reasons, or preparing for a future where we can not rely on power from the grid. This course is not suitable for those wishing to supplement their grid connection with renewable energy sources unless they are considering running an independent system. Meals included.



Tutor: Merlin Howse – 18th-19th June & 17th-18th Sep 2011 – Cost: £105, Concessions: £60

The Healing Hedgerow

Experience an array of wild herbs and learn to identify, harvest and preserve your own medicine chest from Mother Nature. Runs from 10am to 4pm – Bring notebook and packed lunch.

Tutors: Beccy Cruse & Son Parsons – Every month from April until October – Cost: £15 – Please see www.healinghedgerow.co.uk for dates.



Tree Felling using Hand Tools

A one day course to allow people who don't have the opportunity otherwise to experience felling a medium to large size tree by hand.

Tutor: Owen Kebbell – 22nd Oct 2011 – Cost: £60

Wild Fire Day

Ever wanted to make fire from two pieces of wood? Ever wanted to play with fire in the woods, to know how to find dry kindling in the rain, to learn the principles of fire making? Discover these wonders and more by coming on the Wild Fire Day. 10am – 4pm.

Tutor: Dan Thompson-Mills – 9th Oct 2011 – Cost: £25 (adults only)

Wild Food Foray

Dan will be leading these forays through the seasons around Steward Wood to open the world of edible plants to those who wish to discover and share knowledge. 10am - 2pm.

Tutor: Dan Thompson-Mills – Sat 9th Apr, 7th May, 17th Jul & 4th Sep 2011 – Cost: £12 - children free.

For more information or for bookings please visit our website or **contact us**. Courses may be subject to cancellation or changes so please check with us if you are interested.

Phone: 01647 440233 or 0845 458 1926

Website: www.stewardwood.org

Email: community@stewardwood.org

Address: Steward Community Woodland
Moretonhampstead
Devon
TQ13 8SD

Course details

Basketry for Beginners Workshop

Create your own frame basket using locally harvested willow in a beautiful woodland setting. Runs from 9am to 5pm. Bring a packed lunch. Price includes materials and tea!



Tutor: Son Parsons – 26th March 2011 – Cost £40.

Fungal Foray

Learn about edible and other fungi, from Devon's top micologist. 10am-4pm.

Tutor: Dr Christian Taylor - 6th Nov 2011 - Cost: £25 adults, children free

Make Your Own Cosmetics

Ever wanted skincare products which don't contain nasty chemicals? Cosmetics which don't cost the earth? Come and make your own lotions and potions to take home using natural ingredients and home-grown herbs. Runs from 10am to 4pm. Bring packed lunch.

Tutor: Kate Hayward – 7th May 2011 – Cost: £30, Concessions: £20

12v Electrics 1 Day Workshop

Learn basic electrics and how to make the most of your 12v supply. Whether living off-grid full time or wanting to make the most of your power while travelling, this course will include valuable knowledge when it comes to wiring up a 12v system. Learn how to make your stereo run on 12v and how much you can expect from your battery. This course contains elements of the 2 day off-grid renewable energy course. Bring a packed lunch.

Tutor: Merlin Howse – 29th May & 16th October 2011 – Cost: £25

Green Woodworking

A beginners' introduction to working with green wood. The day is suitable for anyone who would like to try their hand at working with green wood in an informal and fun setting, perhaps to decide if they would like to take their interest further.

The day will include an introduction to green wood tools, safety with tools, cleaving and splitting wood, and using a draw horse. Everyone will be able to leave with something they have made themselves! Safety gloves and tea/coffee will be provided, children under 12 must be accompanied by an adult. Pre-booking is essential, a covered area will be available but please bring a coat! A 6 hour, day workshop.

Tutor: Owen Kebbell – 12th and 26th Mar 2011 – Cost: £30, Concessions: £20

Nature Awareness and Connection

Ideal for beginners and all those who want to deepen their relationship with nature. Spend a weekend in the woodland using indigenous ways and other techniques, including

- sensory techniques
- movement and camouflage
- bird language, tracks, signs and behaviours
- basic tracking skills
- fire by friction



Tutor: Ollie Hornbeam – 1st-3rd April & 22nd – 24th July 2011 – (midday Friday to Sunday evening) – Cost: £180 – Concessions: £120 (includes 6 meals)

Introduction to Permaculture Design

A two day course as an introduction to Permaculture design. Participants will have the opportunity to camp together and experience community life in a beautiful Dartmoor Woodland. Meals included.

Tutor: Merlin Howse – 24th-25th September 2011 – Cost: £105, Concessions: £60.

Introduction to Bushcraft & Nature Awareness

Learn the skills of wild firemaking, making shelters in the woods, collecting and eating wild foods, and other outdoor skills. Also, learn how to read the language of the birds and develop a deeper connection to nature. 10am to 4.30pm

Tutor: Dan Thompson-Mills - 21st May 2011 – Costs: £26 full cost, £23.40 concession for over 60s, £17.33 concession for students and those on means tested benefits. Evidence is required for reduced rates.

This course is being organised through the Moretonhampstead Development Trust. To book please ring them on 01647 440855.

Natural Vegan Wine Making

This course is suitable for anyone interested in the conversion of fruit and vegetables into a unique alcoholic beverage!

During the day, students will learn through discussion and taking part in practical demonstration. Topics covered include: necessary equipment, preparation of ingredients, the pros and cons of additives, starting your wine - with the right yeast and temperature, how to continue - ensuring fermentation is successful, 'racking' your wine. All ingredients discussed will be vegan. Morning session: 10 am - 1 pm, afternoon session: 2 pm - 5 pm. Tea and coffee will be provided. Please bring a packed lunch. Bring your own demijohn if you have one, otherwise we have some for sale. You will leave with your own gallon of started wine. All ingredients provided.



Tutors: Chris Tugwell and Merlin Howse – Sun 26th June 2011 & Sept 2011 TBC – Cost: £45

Course details and latest info can be found at:

www.stewardwood.org/courses

where you can also make bookings and pay by Paypal or credit/debit card